



core cambridge

WANTED: S&C Intern • Full Time, Two-year internship programme • £18kp/a + CPD

ABOUT THE POSITION

Over the years, our team has developed a deserved reputation for world-class delivery of evidence-based practice and for our passionate love for our craft. We're looking to expand our team with someone who shares our excitement and vision for strength & conditioning in the UK, who understands what it means to *coach*, and who can add genuine value to our multidisciplinary team.

This is a full-time, permanent position. The nature of the work will involve any or all of weekends, late nights, early mornings and bank holidays. The work is structured into regular shift patterns, but is frequently subject to change as needs arise.

Under the day-to-day guidance of our Performance Director, you will be responsible for delivering strength & conditioning services to Core Cambridge clients. You will be mainly based in Cambridge, but you will be required to travel to support the needs of our clients as and when required.

You will initially spend two days equivalent of your time per week at a gym facility of one of our corporate clients in Cambridge. The remaining three days equivalent will be spent at our performance facility and/or wherever the needs of our clients require.

You will undergo a comprehensive weekly CPD programme of learning which is focused towards achieving ASCC accreditation and promotion within our company. It features:

- Weekly staff training sessions with internal and external speakers on a mixture of theoretical and practical topics.
- Programming and coaching experience across a wide variety of clients from injury rehabilitation to personal coaching to office workers to international squads/ athletes.
- Close inter-working with our therapy team to expand upon your knowledge of anatomy and physiology and learn the latest rehabilitation methods.
- Additional CPD budget including free attendance of UKSCA Conference, UKSCA workshops and UKSCA qualification.

ABOUT CORE CAMBRIDGE

“Core Cambridge provide world-class Sports Medicine and Strength & Conditioning for everyone.”

Our highly-qualified team uses techniques and principles from Sports Medicine and Strength & Conditioning to help a diverse client base that ranges from long-term injured private individuals to international squads, from corporate offices to funded athletes. Step-by-step, we are gradually building the expert team we need to reach our goal of being recognised as the UK's leading provider of sports medicine and strength & conditioning.

To learn more about us, please visit our website: <http://core-cambridge.com> and/or our blog <http://core-cambridge.com/blog>

REQUIREMENTS

Essential characteristics: Minimum 2:1 BSc Sports Science or equivalent scientific field.

Desirable characteristics: Graduate qualification(s) in sports science or a related area. Relevant vocational qualifications. Experience of coaching in a sports environment and/or experience of personal training.

HOW TO APPLY

Send us an email describing why you should be chosen for the position to jobs@core-cambridge.com by the closing time. Include your CV and relevant contact details. Only if e-mail is unavailable should you send hardcopy by post to: Recruitment, Core Cambridge, Trinity Hall Farm Ind Est, Nuffield Rd, Cambridge, CB4 1TG.

We will be using a staged interview process consisting of phone interview, written questions, practical assessment and formal interview. Candidates will be notified whether or not they have been invited to progress through each stage.

CLOSING DATE

09:00 Monday 12th September 2011. Any applications after this time will not be considered.

www.core-cambridge.com